



Advisor & Volunteer Training Conference 2019-2020

Friday, September 6, 2019

- 5:00 PM – 6:30 PM **First Aid/CPR Training** (San Clemente)
[Pre-registered Participants](#). A blended Red Cross CPR & First Aid course. Prior registration is required.
- 6:00 PM – 9:00 PM **Conference Registration & Check-in** (Grand Foyer)
[All Participants](#). All participants are required to check in at registration.
- 8:00 PM – 9:30 PM **Session 1**
- I'm in Charge Now?– Part 1**(Grand Ballroom C)
[New Lead Advisors \(MLC & MUN\)](#). All New MLC and MUN Lead Advisors must attend. We will go over the details of the lead advisor role. For those brand new to Youth & Government and the lead, this is the session to attend.
 - What is Youth & Government?** (Grand Ballroom D)
[New Advisors \(MLC & MUN\)](#). New Advisors (MLC & MUN), An introduction to California YMCA Youth & Government, its programs, and your role as an advisor.v
 - Program Area Updates & Changes** (San Clemente)
[Lead Program Staff Volunteer \(MLC & MUN\)](#). An overview of the new processes and program changes that will be implemented this year.
 - New Program Staff Welcome & Overview** (Salon 112)
[New Program Staff Volunteer \(MLC & MUN\)](#). A starter guide to California YMCA Youth & Government's volunteer program, expectations, policies, and your role as a program staff.
 - Speaking Out Loud** (Grand Ballroom ABEF)
[Open For All Participants](#). Public Speaking tips and tricks to use with your delegation or program area.

Saturday, September 7, 2019

- 7:30 AM – 8:15 AM **Conference Registration & Check-in** (Grand Foyer)
All participants are required to check in at registration.
- 7:30 AM – 8:15 AM **Breakfast** (Grand Ballroom ABEF)
[All Participants](#). Join us for a buffet-style breakfast. Service starts at 7:30 AM and ends at 8:15AM.
- 8:30 AM – 9:00 AM **Welcome & Opening** (Grand Ballroom ABEF)
[All Participants](#).
- 9:00 AM – 10:00 AM **Creating a Culture of Inclusion in Youth & Government** (Grand Ballroom ABEF)
[All Participants](#). This session will introduce participants to the YMCA's Diversity, Inclusion and Global (DIG) strategies and how participants can apply DIG strategies in Youth & Government programs to create more equitable opportunities for youth.
- 10:00 AM – 4:00 PM **Conversation with Youth & Government Board Members** (Salon 112)
[Program Staff Volunteer. \(MLC & MUN\) Only](#). Members of the Youth & Government Board would like to meet with program staff volunteers whom they have not spoken to previously to have 1-on-1 conversations regarding their experiences and ways to improve. Sign up sheets will be at Registration.

Saturday, September 7, 2019

10:10 AM – 12:20 PM **Session 2**

I'm in Charge Now- Part 2 (Grand Ballroom C)

New Lead Advisors (MLC). Designed for Lead advisors new in their role and new to Youth & Government - focus is on the MLC program.

Bill Development/National Issues Commission Proposal Writing (San Clemente)

Advisors (MLC). Hands on session to take a deep dive into how to write your delegation bills and NIC proposals. Please bring a laptop.

10:10 AM – 11:10 AM **Session 2, Round 1**

Facilitation Skills 101 (Grand Ballroom D)

All Participants. An introduction to communication and presentation techniques as well as skills to help make your meetings/sessions more effective. Learn skills to work on with your officers.

Conflict Resolution – Small Group Mediation (Grand Ballroom ABEF)

All Participants. Back by popular demand: This first version will focus on mediation between individuals. Restorative practice is a social science that studies how to improve and repair relationships between people and communities. The purpose is to build healthy communities, increase social capital, decrease crime and antisocial behavior, repair harm and restore relationships.

Putting Inclusion Frameworks into Practice (Gateway Ballroom)

All Participants. This session will provide an opportunity to dive deeper into YMCA Inclusion Frameworks, work through some practical applications and have an open discussion.

11:20 AM – 12:20 PM **Session 2, Round 2**

Facilitation Skills 101 (Grand Ballroom D)

All Participants. An introduction to communication and presentation techniques as well as skills to help make your meetings/sessions more effective. Learn skills to work with your officers on. This is a repeat of the 10:10am session

Conflict Resolution – Large Group Mediation (Grand Ballroom ABEF)

All Participants. This session will focus on restorative circles, which are strategies that develop relationships, build communities, and respond to conflicts and problems that arise. This is **NOT** a repeat of the 10:10am session.

Bridge to Inclusion: Engaging Youth with Disabilities (Gateway Ballroom)

All Participants. This session will provide an overview of disability inclusion, common mental health challenges among youth and an overview of Trauma Informed Care.

12:30 PM– 2:30 PM **Lunch**

Advisors. On your own.

12:30 PM – 2:30 PM **Working Lunch – Program Area Collaboration Session** (Grand Ballroom ABEF)

MLC/MUN Program Staff Volunteers. Please pick up your lunch in the Grand Foyer and bring it with you to your collab sessions. This is a time for program staff to meet within their teams and plan for the upcoming year.

12:45 PM – 1:45 PM **72nd MLC Sacramento Talk** (Gateway Ballroom)

MLC Program Staff Volunteers. Please bring your lunch with you to the meeting. This talk will focus on providing updates on facilities, placements, and scheduling.

2:40 PM – 3:40 PM **Cyberbullying Awareness & Prevention** (Grand Ballroom ABEF)

All Participants. With the rise of social media and technology, we often find that the youth do not understand the risks and consequences that exist online. Please join Erica Smith as she discusses how to prevent cyberbullying and educate your youth about online safety.

3:50 PM – 4:50 PM **Session 3, Round 1**

Behavior Management Tips/Tricks (Grand Ballroom D)

Program Staff Volunteers (MUN/MLC). Using acceptable and effective behavior management techniques is an important part of creating a safe environment. This session will focus on discussing the importance of managing youth behavior appropriately and solutions for when nothing is working.

AV/Tech Troubleshooting & Time – Filler Bootcamp (Gateway Ballroom)

Program Staff Volunteers (MUN/MLC). Come learn some tips, tricks, & techniques on how to troubleshoot basic AV/Tech problems. This session will also review the components of an effective facilitator as well as provide tools for you to fill unplanned time gaps between

Saturday, September 7, 2019

scheduled activities.

- 3:50 PM – 4:50 PM **MLC Program Simulation – California Investment Bank** (Grand Ballroom C)
Advisors (MLC). Interactive experience into the California Investment Bank.
- Secretariats, CONA, NJC, Advocacy Days** (Santa Catalina)
Advisors (MUN/MLC). Learn about these leadership opportunities for your MLC delegates. Your delegates have a better chance to get in than you think.
- MLC Lead Advisor Meeting** (Grand Ballroom ABEF)
Lead MLC Advisors or 1 representative per delegation. Mandatory for 1 representative per delegation. We will go over changes for this year and introduce our new lead advisor families!
- 5:00 PM – 6:00 PM **Session 3, Round 2**
- Behavior Management Tips/Tricks** (Grand Ballroom D)
Program Staff Volunteers (MUN/MLC). Using effective behavior management techniques is important for creating a safe environment. This session will focus on discussing the importance of managing youth behavior appropriately and solutions for when nothing is working.
- AV/Tech Troubleshooting & Time-Filler Bootcamp** (Gateway Ballroom)
Program Staff Volunteers (MUN/MLC). Come learn some tips, tricks, & techniques on how to troubleshoot basic AV/Tech problems. This session will also review the components of an effective facilitator as well as provide tools for you to fill unplanned time gaps between scheduled activities.
- Model United Nations Curriculum** (Seminar Room)
Advisors (MUN). This session will go over the current MUN curriculum available for delegation meetings.
- Teaching Parliamentary Procedure** (Grand Ballroom C)
Advisors (MLC). Leg House Program Staff Volunteers. Interactive session into the fine details of Parliamentary Procedure. Come participate and learn how to run a debate at your meeting
- MLC Program Simulation – International Affairs Commission** (Santa Catalina)
Advisors (MLC). Interactive experience into the International Affairs Commission.
- MLC Lead Advisor Meeting** (Grand Ballroom ABEF)
Lead MLC Advisors or 1 representative per delegation. Mandatory for 1 representative per delegation. We will go over changes for this year and introduce our new lead advisor families!
- 6:00 PM – 7:00 PM **Delegation Meeting Time/Program Area Collaborations.** (Various Locations).
All Participants. This is your free time to either meet within your delegation/program area or rest before dinner.
- 7:15 PM – 8:45 PM **Appreciation Dinner** (Grand Ballroom ABEF).
All Participants. Join us as we recognize and celebrate all of you passionate and dedicated individuals who make Y&G happen!
- 9:00 PM – 11:00 PM **Casino Night** (Century Pre-Function)
All Participants. Stick around after dinner to continue the fun with casino night and social time! There'll be a no-host bar and photo booth available for all.



Sunday, September 8, 2019

- 7:30 AM – 8:15 AM **Breakfast** (Grand Ballroom ABEF)
[All Participants](#). Join us for a buffet-style breakfast. Service starts at 7:30 AM and ends at 8:15AM.
- 8:10 AM – 8:20 AM **72nd Youth Governor Speech** (Grand Ballroom ABEF)
[All Participants](#). Join us as our 72nd Youth Governor, Aidan Blain, kicks us off for the new program year!
- 8:20 AM – 9:20 AM **Punch Alert Overview** (Grand Ballroom ABEF)
[All Participants](#). This session will provide an overview of our new emergency and risk management alert system that will be implemented during conferences. **Please make sure to download the app on your phone before coming to session. (Search "PunchAlert" in the Iphone App or Play Store)**
- 9:30 AM – 10:35 AM **Session 4**
- New MLC Leads (Salon 112)**
[New Lead Advisors \(MLC\)](#). Continuation on Saturday's session for new MLC leads new to Y&G.
 - Model United Nations Program Changes** (Gateway Ballroom)
[Advisors \(MUN\)](#). An overview of what's new for the upcoming 19th MUN as well as an opportunity for you to have your questions answered by core staff and the MUN Advisor Development team.
 - Program Area Roundtables** (Grand Ballroom ABEF)
[All participants](#). Learn about the different MLC and MUN program areas in three rounds of twenty minutes.
 - Program Area Roundtables, Small Program Areas** (Century Pre-Function)
[All Participants](#).
- 10:45 AM – 11:45 AM **Session 5**
- Child Abuse Prevention Training** (Gateway Ballroom)
[All Participants/Mandatory for all Program Staff Volunteers](#). Please join Erica Smith with Praesidium to learn how to protect youth from abuse and how to protect yourself from false allegations. We will discuss how to maintain appropriate boundaries with youth, recognize red flag behaviors and boundary violations, and identify and respond to high-risk youth.
 - 19th Model United Nations Program Staff Talk** (Century Pre-Function)
[Lead Program Staff Volunteer \(MUN\)](#). This session focuses on new program updates for the 19th MUN year as well as discussions surrounding volunteers, training, and curriculum.
 - United Nations Civic Engagement (Salon 112)**
[Advisors \(MUN\)](#). A look at how the United Nations is active in our communities everyday, a great session that can help you and your delegates understand just how relevant the UN is to our everyday lives.
 - MLC Sacramento 2020** (Grand Ballroom ABEF)
[Advisors \(MLC\)](#). For MLC Advisors. Join Debbie & Richard for an update on Sac 2020: the new buildings that we're in for this one unconventional year, the boundaries, hotels, social times, Sunday evening changes & safety.
- 11:50AM – 12:00PM **Closing Session** (Grand Ballroom ABEF)
[All Participants](#).
- 12:00 PM **Conference Adjourns**

Thank you for joining us! We hope you found the weekend valuable and have a safe trip home.

Caring Honesty Respect Responsibility